

May 16, 2020

New Kingdom Trailriders Protecting Ourselves and Others

New Kingdom Trailriders has developed the following COVID-19 Pandemic Procedures and Precautions for reopening program activities based on best practices and procedures outlined by various respected sources, and in alignment with provisions set for by the Governor of Illinois and the Centers of Disease Control (CDC).

Please note, New Kingdom Trailriders (NKT) has put in place preventative measures to reduce the spread of COVID-19; however, New Kingdom Trailriders cannot guarantee that you, the volunteer, visitor, parent, legally responsible adult, or rider will not become infected with COVID-19. Further, participating in lessons and/or program activities could increase the risk of contracting COVID-19.

Outlined below are procedures and precautions set in place by New Kingdom Trailriders to help reduce the risk of contracting COVID-19 by program participants. Choosing to participate in program activities, you agree that you are aware of the procedures/precautions set in place and accept full responsibility for any risk of contracting COVID-19.

New Kingdom Trailriders Risk and Waiver of Liability Relating to Coronavirus/COVID-19 must be signed by all individuals observing or participating in New Kingdom Trailriders program activities.

Housekeeping – Cleaning, Disinfecting and Decontamination

- All public areas will be thoroughly cleaned and disinfected daily.
 - Bathroom, Viewing Areas, Classroom, Alley Way, Gates, and Volunteer Hub
 - Disinfectant will be located in bathrooms to allow user to wipe down toilet handle and faucet handles.
- Tack, equipment, and stall fronts will be cleaned between lessons and again at the end of the day.
 - There will be a half an hour between group lessons to properly disinfect tack and fifteen minutes between private lessons.
 - Saddles, Reins, Helmets will be disinfected between each lesson.
 - New Kingdom Trailriders ENCOURAGES each rider to purchase their own helmet to help avoid contamination.
 - RIDERS/PARENTS/CAREGIVERS/RESPONSIBLE ADULTS are responsible for putting helmets on and spraying down helmets before and after use.
 - Instructors will safety check helmets when mounting.
 - Instruction on how to properly put helmets on will be gone over in Zoom meetings.
 - Blanket Sheets will be changed between riders and washed daily.
- Payment of Lessons MUST BE:
 - Paid online via Rider Invoice
 - Mailed to 18929 81st Street Sherrard, IL 61281

May 16, 2020

Handwashing/Sanitizing

- Done before and after entering the barn/arenas.
 - Hand Sanitizer will be made available in each zone.
 - Hand washing is recommended for at least 20 seconds with soap and water.

Temperature Taking

- EVERYONE will have their temperature read upon entering the barn.
 - Anyone with a temp of 100 degrees will NOT be able to participate.

Social Distancing

- New Kingdom Trailriders will be broken up into three zones. There will be NO MORE THAN 10 PEOPLE allowed to gather in any one zone at one time.
 - Red Zone – Arenas and Alley way
 - Rider(s), Volunteers, and Instructor are PRIORITY.
 - Parents/Caregivers may be in this zone ONLY IF there are fewer than 10 people.
 - Parents/Caregivers can fill additional “spots” on a FIRST COME, FIRST SERVE basis.
 - STRONGLY SUGGESTED that one parent/legally responsible adult/care-giver accompany a rider.
 - White Zone – Offices, Classroom, Grounds
 - NO GATHERING PERMITTED. This zone should be used strictly as a “pass-through”.
 - Blue Zone – Freedom and Independence Garden
 - No more than 10 people may work in the garden at one time. Call ahead is recommended.
- One volunteer at a time is permitted in a stall.
 - NO RIDERS permitted in stalls or in alley way until further notice.
- One horse and leader may be in the alley way at any one time.
 - Enter and Exit Arena accordingly
- On-lookers must:
 - View rider lessons from 6-feet apart (fence and gates will be marked) OR remain in vehicle.
 - Are NOT ALLOWED in Red Zone (arenas and/or alley way) if there are already 10 people gathered.
 - Included in the 10 person count are - Riders, Volunteers, Instructor, all of whom are considered PRIORITY.
 - Must wait for restroom in the WASH BAY near the arena entrance.
- Mounting/Unmounting will include:
 - Rider
 - Instructor
 - ONLY NECESSARY VOLUNTEER(S)
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May 16, 2020

- Rider Holds
 - Arm Over Thigh Hold
 - Used ONLY if needed during trotting
 - NOT RECOMMENDED for riders needing Arm Over Thigh Hold throughout the entire lessons to participant in program at this time.
 - Volunteers will extend arm and stand to the back of rider.
 - Ankle Hold
 - Volunteers will extend arm and stand to the back of rider.

Masks

- Each individual must provide their own face mask. NKT WILL NOT provide face masks.
- Face masks MUST BE WORN at all times. – Provisions Stated Below
 - **RIDERS** who need special accommodations MUST contact Jodie at 309-764-4220 or jodie@nktriders.org . New Kingdom Trailriders will do its best to accommodate riders, however, THERE IS NO GUARENTEE.
 - **STAFF** may refrain from wearing masks whenever:
 - in the WHITE ZONE
 - NO RIDERS/VOLUNTEERS are present
 - INSTRUCTING Lessons (other than mounting/unmounting)

NOTE:

It is advised that each participant take into consideration their own personal risks of contracting COVID-19 and determine if returning to program activities at New Kingdom Trailriders is what is in their best interest at this time.

Although every measure will be taken to lesson the risk of contracting COVID-19 while at New Kingdom Trailriders, there is no guarantee.

Riders who choose to NOT PARTICIPATE at this time but have paid a hold fee for Session 3 will receive a credit to their account in that amount. Riders who SIGN UP for Session 3, but decide against it have until MAY 25, 2020 to cancel, otherwise, they will be charged Session 3 riding fees.

Fees for Session 1 may be credited to a rider's account or donated back to New Kingdom Trailriders to help support our program during this time of need. NO REIMBURSEMENTS will be given for Session 1.

May 16, 2020

Zoom Meetings:

Zoom meeting are scheduled as follows to further explain the procedures and precautions New Kingdom Trailriders has set in place. Questions will be answered and concerns addressed.

Volunteers: May 26, 2020 – 6:00 pm

Join Zoom Meeting

<https://us04web.zoom.us/j/2895386801?pwd=S1ZwbGcyWG5kQk5Mek1LZTZGK1h5UT09>

Meeting ID: 289 538 6801

Password: horses2020

Riders: May 27, 2020 – 6:00 pm

Join Zoom Meeting

<https://us04web.zoom.us/j/2895386801?pwd=S1ZwbGcyWG5kQk5Mek1LZTZGK1h5UT09>

Meeting ID: 289 538 6801

Password: horses2020

Last Minute Questions: May 29, 2020 – 6:00 pm

Join Zoom Meeting

<https://us04web.zoom.us/j/2895386801?pwd=S1ZwbGcyWG5kQk5Mek1LZTZGK1h5UT09>

Meeting ID: 289 538 6801

Password: horses2020

**Donations of products used for cleaning,
disinfecting and decontamination are
currently being accepted.**

Resources for Guidelines:

<https://coronavirus.illinois.gov/sfc/servlet.shepherd/document/download/069t000000BadS0AAJ?operationContext=S1>

<https://youtu.be/PYLZWKpLYfc>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-disabilities.html>